

JENISON BOY SCOUT TROOP 354

Packing for BACKPACKING

{1} Pack very few *lightweight* items.

{2} Don't forget anything!

Remember that everything must fit in your pack or hang from your body somewhere. Doublethink every item you carry and look for things that serve more than one use.

Our Troop provides tents, ground cloths, stoves, fuel & water filters and maps

BASICS

Sleeping Bag -light weight, year-round mummy-style bag with synthetic fill is best (can be found under \$100). You do *not* want a big, heavy, square, cotton bag like families used to have in the back of the station wagon in the 60s; they are heavy, impossible to pack small, and will keep you cold *when* they get wet.

Boots -are *so* required that boys showing up without them will be left home. You want to protect your toes and probably support your ankles. You want to be able to walk through soaking grass, mud and 2-inches of water without getting your feet wet. A good fit is imperative to protect against blisters; avoid generic "workboots". This and your sleeping bag are the two main expenses.

Sneakers -or cheap canvas deck shoes or "aqua shoes" for deep water and wearing around camp.

Sleeping pad -closed-cell foam pad such as a RidgeRest®, unless you have old and creaky bones, then maybe a ThermaRest®-style open-cell foam-filled mat is worth the weight.

Socks -wool socks over polypropylene liners in any climate; bring at least three sets and plan on two changes per day, rinsing the third.

Rain Gear

Cookware -bowl, cup and spoon for eating; for cooking, a 2-qt pot with lid, fry pan, salt/pepper/spices in small containers (35mm film cans), small spatula, waterless hand cleaner.

First Aid Kit -especially include moleskin; water purification tablets as a smart backup.

Flashlight -*with* spare batteries and bulb.

Boy Scout Handbook

Compass

Small notepad -with pencil or indelible ink pen.

Pocket knife - *only* if your Totin' Chip card is *with* you!

Rope -50 feet of 3/16" nylon

Whistle

Garbage bag - 30-gallon size, to cover pack at night

toiletries

Toilet paper -remove center tube, put in small baggie; baby diaper wipes optional.

Trowel

Tooth brush

Toothpaste

Soap -biodegradable "camp soap" works on dishes and hair, too

Washcloth and towel

JENISON BOY SCOUT TROOP 354

Packing for CAMP OUTS

- {1} Pack as few things as humanly possible.
- {2} Don't forget anything!

clothing >mostly depends on the weather!<

Underwear -1 per day, minimum.

Pants -jeans or shorts, maybe both; bring an extra.

Shirt -long or short, light or heavy, one layer or many; bring extra set.

Socks -cotton in summer is merely okay; wool with a liner is preferable year round; *see Backpacking "Socks" information.*

Footwear -sneakers in base camp but boots *required* for hikes; sandals are inappropriate in snow (you wouldn't think that needs saying!)

Headwear -weather dependent; a wool watch cap sleeps warm.

Outerwear -rain gear; *now*, look at forecast and include, perhaps, jacket, coat, windproof shell, and snow/ski pants.

Uniform -*required* only for summer camp, Mackinac Island Honor camp, the Dorchester Camporee, and announced special events.

other equipment

Flashlight -*and* spare bulb and batteries.

Mess kit -at minimum: bowl, cup and spoon.

Sleeping pad. At minimum, a light, closed cell, foam pad (an air mattress is heavy and sleeps cold).

Sleeping bag -anything that will keep you warm and dry...*but also see Backpacking!*

First-aid kit -see your Boy Scout *Handbook* ...*but also see our Backpacking information on back!*

Boy Scout Handbook.

Compass.

Small note pad, pencil.

Pocket knife -but *only* if your Totin' Chip card is with you!

Duffel bag -or a backpack if you're hiking.



toiletries

Hand soap (biodegradable).

Wash cloth.

Towel.

Toothbrush.

Toothpaste.

Emergency eyeglasses (adults).

Waterless hand cleaner.

Small sewing kit.

PACKING YOUR BACKPACK

This is one possible example of one possible style of pack, but the general advice can be applied to internal and external frame packs and even those with hydration pockets; there are many combinations. Your personal preference plays a big part in this, too. However you put your pack together, the main ingredient is your brain. Think carefully how you use each item and put it where it will be the most useful and handy. Then always keep that item there. When you need both your flashlight and poncho during a sudden cold, dark rainstorm you'll be glad you know how to put your hands on them with your eyes closed.

POCKETS

FLAP Camping permit, map, notebook, pen/pencil, *Handbook*, field guides

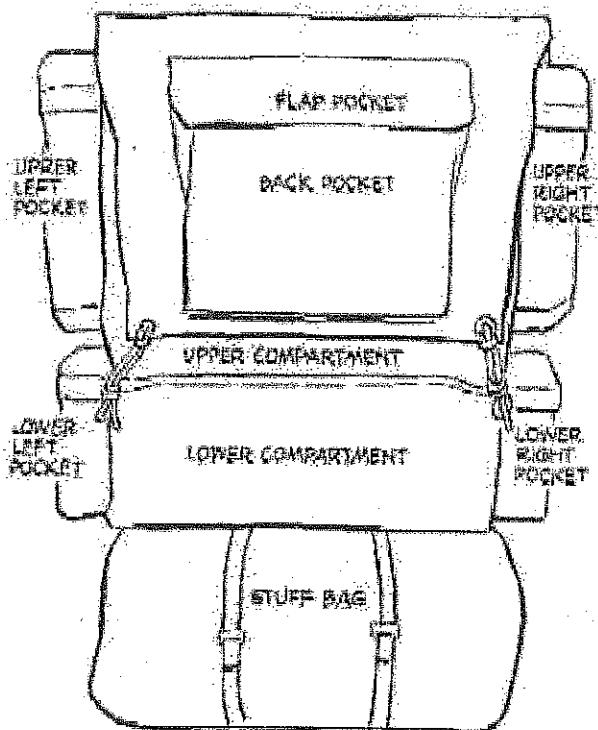
BACK Toiletries, cup, bowl, spoon

UPPER LEFT Water bottle, rain gear

LOWER LEFT light, spare batteries/bulb, bug/sunscreen

UPPER RIGHT First aid

LOWER RIGHT fuel



MAIN COMPARTMENTS

UPPER Heavy & handy bulky items: sweater/jacket, cook gear, stove, tent, stakes, poles, tarp, food

LOWER Light stuff: clothing, camp shoes, bandannas

STUFF BAG sleeping bag, pad

Diagram & some info blatantly plagiarized from the 1984 BSA *Fieldbook*

Small, frequently used items go in your pockets or hang within easy reach: knife, compass, GPS, whistle, bandanna, FRS radio, and canteen. Equipment you need quickly or easily should be in an outside pocket: map, first aid, rain gear, sweater, sun/insect dope, trail snacks. Put your midday change of socks with your lunch under the top flap. Camp items can go deep into the bottom. Always put each item back exactly where it goes.

Keep your pack's center of gravity high and close to your back for trail hiking; pack heavy stuff low for climbing, skiing, and snowshoeing. Use clothing to pad the part of the pack that's up against your back.

Jenison Troop 354's...

BACKPACKING EQUIPMENT CHECKER

Bedding	<input type="checkbox"/> foam pad, self-inflating mat	<input type="checkbox"/> wool cap (winter)	<input type="checkbox"/> groundcloth
	<input type="checkbox"/> sleeping bag	<input type="checkbox"/> 6x8 tarp, tent liner	<input type="checkbox"/> fly
	<input type="checkbox"/> tent	<input type="checkbox"/> tent stakes	<input type="checkbox"/> tent poles
Footwear	<input type="checkbox"/> liner socks	<input type="checkbox"/> boots	<input type="checkbox"/> in-camp shoes
	<input type="checkbox"/> wool socks	<input type="checkbox"/> extra lacing	<input type="checkbox"/> water shoes
Clothing	<input type="checkbox"/> shirts, sweater, sweat shirt, fleece	<input type="checkbox"/> hat, earband, hood, neck gaiter, balaclava	<input type="checkbox"/> jacket, coat, parka
<i>Must be proper for the weather!</i>	<input type="checkbox"/> pants, shorts, sweats	<input type="checkbox"/> underwear	<input type="checkbox"/> gloves, glove liners, overmitts
Rain gear	<input type="checkbox"/> poncho, rain suit	<input type="checkbox"/> gaiters	<input type="checkbox"/> hat, hood
Eating	<input type="checkbox"/> cup	<input type="checkbox"/> bowl	<input type="checkbox"/> spoon
	<input type="checkbox"/> salt, pepper, spices	<input type="checkbox"/> waterless hand cleaner	<input type="checkbox"/> fork, knife
	<input type="checkbox"/> 2 quart pot	<input type="checkbox"/> small fry pan	<input type="checkbox"/> potlifter, etc.
	<input type="checkbox"/> stove	<input type="checkbox"/> fuel bottle (<i>filled!</i>)	<input type="checkbox"/> matches, firestarter
Food	<input type="checkbox"/> breakfast, lunch, dinner	<input type="checkbox"/> gorp, trail snacks, bars	<input type="checkbox"/> bedtime snack
	<input type="checkbox"/> bear bag & rope		
Sanitation	<input type="checkbox"/> toilet paper, baby wipes	<input type="checkbox"/> trowel	<input type="checkbox"/> soap (biodegradable)
	<input type="checkbox"/> wash cloth, bandannas	<input type="checkbox"/> towel	<input type="checkbox"/> toothbrush
	<input type="checkbox"/> comb	<input type="checkbox"/> metal mirror	<input type="checkbox"/> toothpaste
Miscellaneous	<input type="checkbox"/> knife	<input type="checkbox"/> first aid kit	<input type="checkbox"/> 50 feet of cord (3/16")
	<input type="checkbox"/> compass, GPS	<input type="checkbox"/> maps	<input type="checkbox"/> sewing kit
	<input type="checkbox"/> canteen, hydration pack	<input type="checkbox"/> water bottles	<input type="checkbox"/> duct tape
	<input type="checkbox"/> flashlight, headlamp	<input type="checkbox"/> spare batteries	<input type="checkbox"/> spare bulb
	<input type="checkbox"/> watch	<input type="checkbox"/> camera, film	<input type="checkbox"/> DEET
	<input type="checkbox"/> small notebook	<input type="checkbox"/> pencil, indelible pen	<input type="checkbox"/> emergency coins
	<input type="checkbox"/> hiking stick	<input type="checkbox"/> whistle	<input type="checkbox"/> FRS radio
	<input type="checkbox"/> sunblock	<input type="checkbox"/> pack cover	<input type="checkbox"/> <i>BSA Handbook</i> , field guides